**Department of English**

**Wenzao Ursuline University of Languages**

THIS IS THE PLACE WHERE YOU INSERT YOUR TOPIC

Student Name:

Student ID#:

Class:

Company, City, Country:

Instructor: Dr.

This project submitted in partial satisfaction of the requirements for completing the course, “Research Writing.”

Guided Reflection Questions

Prior to the Internship

1. What are your expectations?
2. What are your concerns?
3. What is the company profile?

During the Internship

1. How do you network with your colleagues and supervisors?
2. What knowledge of your internship is the most important? In what ways are you able to apply what you learned in your coursework to your internship?
3. What are your job responsibilities?
4. How has your role changed from a student to an employee?
5. Do you have a mentor? How has s/he helped you?
6. Do you work with people from diverse backgrounds (e.g., nationality, ethnicity, etc.)?
7. Have you used English in your workplace?

Post the Internship

1. What skills did you develop through your experience?
2. What skills would you like to further development?
3. What is the biggest challenge which you encountered?
4. What is the most important thing you learned about yourself (e.g., strengths, weaknesses, knowledge)
5. What is your accomplishment?
6. What would you have done differently in order to prepare you before undertaking an internship?
7. In what way does your coursework benefit your internship?